



## Seite 2: Punkttabelle LANGSTRECKE

Pulí 2018

Männer	M35 M18/19	M40 M16/17	Frauen	W35	W40	25 km	30 km	2h Stunde	35 km	50 km	W45	W50	W55	W60	W65	W70	W75	W80
				W18/19 M45 M14/15	W16/17 M50						W14/15 M55 M12/13	W12/13 M60	M65	M70	M75	M80	M85	M90
100	105	111	117	120	124	1:56:08	2:23:07	25849	2:50:50	4:19:40	129	...	...	...	...	...	...	...
99	104	110	116	119	123	1:56:52	2:24:03	25701	2:52:00	4:21:30	128	...	...	...	...	...	...	...
98	103	109	115	118	122	1:57:36	2:24:59	25556	2:53:10	4:23:20	127	...	...	...	...	...	...	...
97	102	108	114	117	121	1:58:20	2:25:55	25416	2:54:20	4:25:10	126	...	...	...	...	...	...	...
96	101	107	113	116	120	1:59:04	2:26:51	25281	2:55:30	4:27:00	125	...	...	...	...	...	...	...
95	100	106	112	115	119	1:59:48	2:27:47	25146	2:56:40	4:28:50	124	...	...	...	...	...	...	...
94	99	105	111	114	118	2:00:32	2:28:43	25011	2:57:50	4:30:40	123	129	...	...	...	...	...	...
93	98	104	110	113	117	2:01:16	2:29:39	24876	2:59:00	4:32:30	122	128	...	...	...	...	...	...
92	97	103	109	112	116	2:02:00	2:30:35	24741	3:00:10	4:34:20	121	127	...	...	...	...	...	...
91	96	102	108	111	115	2:02:44	2:31:31	24606	3:01:20	4:36:10	120	126	...	...	...	...	...	...
90	95	101	107	110	114	2:03:28	2:32:27	24471	3:02:30	4:38:00	119	125	...	...	...	...	...	...
89	94	100	106	109	113	2:04:12	2:33:23	24336	3:03:40	4:39:50	118	124	...	...	...	...	...	...
88	93	99	105	108	112	2:04:56	2:34:19	24201	3:04:50	4:41:40	117	123	...	...	...	...	...	...
87	92	98	104	107	111	2:05:40	2:35:15	24066	3:06:00	4:43:30	116	122	129	...	...	...	...	...
86	91	97	103	106	110	2:06:24	2:36:11	23931	3:07:10	4:45:20	115	121	128	...	...	...	...	...
85	90	96	102	105	109	2:07:08	2:37:07	23796	3:08:20	4:47:10	114	120	127	...	...	...	...	...
84	89	95	101	104	108	2:07:52	2:38:03	23661	3:09:30	4:49:00	113	119	126	...	...	...	...	...
83	88	94	100	103	107	2:08:36	2:38:59	23526	3:10:40	4:50:55	112	118	125	...	...	...	...	...
82	87	93	99	102	106	2:09:20	2:39:55	23391	3:11:50	4:52:50	111	117	124	...	...	...	...	...
81	86	92	98	101	105	2:10:07	2:40:51	23256	3:13:00	4:54:45	110	116	123	...	...	...	...	...
80	85	91	97	100	104	2:10:54	2:41:47	23121	3:14:10	4:56:40	109	115	122	...	...	...	...	...
79	84	90	96	99	103	2:11:41	2:42:43	22990	3:15:25	4:58:40	108	114	121	129	...	...	...	...
78	83	89	95	98	102	2:12:28	2:43:39	22860	3:16:40	5:00:40	107	113	120	128	...	...	...	...
77	82	88	94	97	101	2:13:15	2:44:39	22730	3:17:55	5:02:50	106	112	119	127	...	...	...	...
76	81	87	93	96	100	2:14:02	2:45:39	22600	3:19:10	5:05:00	105	111	118	126	...	...	...	...
75	80	86	92	95	99	2:14:49	2:46:42	22470	3:20:30	5:07:10	104	110	117	125	...	...	...	...
74	79	85	91	94	98	2:15:36	2:47:45	22340	3:21:50	5:09:20	103	109	116	124	...	...	...	...
73	78	84	90	93	97	2:16:23	2:48:48	22210	3:23:10	5:11:35	102	108	115	123	...	...	...	...
72	77	83	89	92	96	2:17:10	2:49:51	22080	3:24:30	5:13:50	101	107	114	122	...	...	...	...
71	76	82	88	91	95	2:17:57	2:50:59	21950	3:25:50	5:16:05	100	106	113	121	...	...	...	...

Seite 3: Punkttabelle LANGSTRECKE

Puli 2018

Männer	Frauen		W35	W40	25	30	2h	35	50	W45	W50	W55	W60	W65	W70	W75	W80	
	M35	M40	W18/19	W16/17						W14/15	W12/13	M55	M60	M65	M70	M75	M80	M85
	M18/19	M16/17	M45	M50	km	km		km	km	M12/13								
70	75	81	87	90	94	2:18:44	2:52:07	21820	3:27:10	5:18:20	99	105	112	120	129	...	...	...
69	74	80	86	89	93	2:19:31	2:53:15	21690	3:28:35	5:20:35	98	104	111	119	128	...	...	...
68	73	79	85	88	92	2:20:18	2:54:23	21560	3:30:00	5:22:50	97	103	110	118	127	...	...	...
67	72	78	84	87	91	2:21:05	2:55:31	21430	3:31:25	5:25:05	96	102	109	117	126	...	...	...
66	71	77	83	86	90	2:21:52	2:56:39	21300	3:32:50	5:27:20	95	101	108	116	125	...	...	...
65	70	76	82	85	89	2:22:39	2:57:47	21170	3:34:15	5:29:35	94	100	107	115	124	...	...	...
64	69	75	81	84	88	2:23:26	2:58:55	21040	3:35:40	5:31:50	93	99	106	114	123	...	...	...
63	68	74	80	83	87	2:24:13	3:00:05	20910	3:37:05	5:34:05	92	98	105	113	122	...	...	...
62	67	73	79	82	86	2:25:00	3:01:15	20780	3:38:30	5:36:20	91	97	104	112	121	...	...	...
61	66	72	78	81	85	2:25:50	3:02:25	20650	3:39:55	5:38:35	90	96	103	111	120	...	...	...
60	65	71	77	80	84	2:26:40	3:03:35	20520	3:41:20	5:40:50	89	95	102	110	119	...	...	...
59	64	70	76	79	83	2:27:30	3:04:45	20390	3:42:45	5:43:05	88	94	101	109	118	129	...	...
58	63	69	75	78	82	2:28:20	3:05:55	20260	3:44:10	5:45:20	87	93	100	108	117	128	...	...
57	62	68	74	77	81	2:29:10	3:07:05	20130	3:45:35	5:47:35	86	92	99	107	116	127	...	...
56	61	67	73	76	80	2:30:00	3:08:15	19998	3:47:00	5:49:50	85	91	98	106	115	126	...	...
55	60	66	72	75	79	2:30:50	3:09:25	19873	3:48:25	5:52:05	84	90	97	105	114	125	...	...
54	59	65	71	74	78	2:31:40	3:10:35	19748	3:49:50	5:54:20	83	89	96	104	113	124	...	...
53	58	64	70	73	77	2:32:35	3:11:48	19628	3:51:15	5:56:35	82	88	95	103	112	123	...	...
52	57	63	69	72	76	2:33:30	3:13:01	19508	3:52:40	5:58:50	81	87	94	102	111	122	...	...
51	56	62	68	71	75	2:34:25	3:14:14	19388	3:54:05	6:01:05	80	86	93	101	110	121	...	...
50	55	61	67	70	74	2:35:20	3:15:27	19273	3:55:30	6:03:20	79	85	92	100	109	120	...	...
49	54	60	66	69	73	2:36:15	3:16:40	19158	3:56:55	6:05:35	78	84	91	99	108	119	...	...
48	53	59	65	68	72	2:37:10	3:17:53	19043	3:58:20	6:07:50	77	83	90	98	107	118	...	...
47	52	58	64	67	71	2:38:05	3:19:06	18933	3:59:45	6:10:05	76	82	89	97	106	117	129	...
46	51	57	63	66	70	2:39:00	3:20:19	18823	4:01:10	6:12:20	75	81	88	96	105	116	129	...
45	50	56	62	65	69	2:40:00	3:21:35	18713	4:02:35	6:14:35	74	80	87	95	104	115	128	...
44	49	55	61	64	68	2:41:00	3:22:51	18608	4:04:00	6:16:50	73	79	86	94	103	114	127	...
43	48	54	60	63	67	2:42:10	3:24:07	18503	4:05:30	6:19:05	72	78	85	93	102	113	126	...
42	47	53	59	62	66	2:43:20	3:25:23	18398	4:07:00	6:21:20	71	77	84	92	101	112	125	...
41	46	52	58	61	65	2:44:30	3:26:39	18298	4:08:30	6:23:35	70	76	83	91	100	111	124	...
40	45	51	57	60	64	2:45:40	3:27:55	18198	4:10:00	6:25:50	69	75	82	90	99	110	123	...

## Seite 4: Punkttabelle LANGSTRECKE

Puli 2018

Männer	M35 M18/19	M40 M16/17	Frauen		W35 W18/19 M45 M14/15	W40 W16/17 M50	25 km	30 km	2h	35 km	50 km	W45	W50	W55	W60	W65	W70	W75	W80
			W14/15 M55 M12/13	W12/13 M60								M65	M70	M75	M80	M85	M90		
39	44	50	56	59	63	2:46:50	3:29:11	18098	4:11:30	6:28:05	68	74	81	89	98	109	122	...	
38	43	49	55	58	62	2:48:00	3:30:27	18003	4:13:00	6:30:20	67	73	80	88	97	108	121	...	
37	42	48	54	57	61	2:49:10	3:31:43	17908	4:14:30	6:32:35	66	72	79	87	96	107	120	...	
36	41	47	53	56	60	2:50:20	3:32:59	17813	4:16:00	6:34:50	65	71	78	86	95	106	119	...	
35	40	46	52	55	59	2:51:33	3:34:15	17718	4:17:30	6:37:05	64	70	77	85	94	105	118	...	
34	39	45	51	54	58	2:52:46	3:35:35	17628	4:19:00	6:39:20	63	69	76	84	93	104	117	...	
33	38	44	50	53	57	2:53:59	3:36:55	17538	4:20:35	6:41:35	62	68	75	83	92	103	116	...	
32	37	43	49	52	56	2:55:12	3:38:15	17448	4:22:10	6:43:50	61	67	74	82	91	102	115	...	
31	36	42	48	51	55	2:56:25	3:39:35	17358	4:23:45	6:46:05	60	66	73	81	90	101	114	129	
30	35	41	47	50	54	2:57:38	3:40:55	17268	4:25:20	6:48:20	59	65	72	80	89	100	113	128	
29	34	40	46	49	53	2:58:51	3:42:15	17183	4:26:55	6:50:35	58	64	71	79	88	99	112	127	
28	33	39	45	48	52	3:00:04	3:43:35	17098	4:28:30	6:52:50	57	63	70	78	87	98	111	126	
27	32	38	44	47	51	3:01:17	3:44:55	17013	4:30:05	6:55:05	56	62	69	77	86	97	110	125	
26	31	37	43	46	50	3:02:30	3:46:15	16928	4:31:40	6:57:20	55	61	68	76	85	96	109	124	
25	30	36	42	45	49	3:03:43	3:47:35	16843	4:33:15	6:59:35	54	60	67	75	84	95	108	123	
24	29	35	41	44	48	3:04:56	3:48:55	16758	4:34:50	7:01:50	53	59	66	74	83	94	107	122	
23	28	34	40	43	47	3:06:09	3:50:18	16673	4:36:25	7:04:05	52	58	65	73	82	93	106	121	
22	27	33	39	42	46	3:07:22	3:51:41	16588	4:38:00	7:06:20	51	57	64	72	81	92	105	120	
21	26	32	38	41	45	3:08:35	3:53:04	16503	4:39:35	7:08:35	50	56	63	71	80	91	104	119	
20	25	31	37	40	44	3:09:48	3:54:27	16418	4:41:10	7:10:50	49	55	62	70	79	90	103	118	
19	24	30	36	39	43	3:11:01	3:55:50	16333	4:42:45	7:13:05	48	54	61	69	78	89	102	117	
18	23	29	35	38	42	3:12:14	3:57:13	16248	4:44:20	7:15:20	47	53	60	68	77	88	101	116	
17	22	28	34	37	41	3:13:27	3:58:36	16163	4:45:55	7:17:35	46	52	59	67	76	87	100	115	
16	21	27	33	36	40	3:14:40	3:59:59	16078	4:47:30	7:19:50	45	51	58	66	75	86	99	114	
15	20	26	32	35	39	3:15:53	4:01:22	15993	4:49:05	7:22:05	44	50	57	65	74	85	98	113	
14	19	25	31	34	38	3:17:06	4:02:45	15908	4:50:40	7:24:20	43	49	56	64	73	84	97	112	
13	18	24	30	33	37	3:18:19	4:04:08	15825	4:52:15	7:26:35	42	48	55	63	72	83	96	111	
12	17	23	29	32	36	3:19:32	4:05:31	15742	4:53:50	7:28:50	41	47	54	62	71	82	95	110	
11	16	22	28	31	35	3:20:45	4:06:54	15659	4:55:28	7:31:05	40	46	53	61	70	81	94	109	
10	15	21	27	30	34	3:21:58	4:08:20	15576	4:57:06	7:33:20	39	45	52	60	69	80	93	108	
9	14	20	26	29	33	3:23:11	4:09:46	15493	4:58:44	7:35:35	38	44	51	59	68	79	92	107	

Seite 5: Punkttabelle LANGSTRECKE

Puli 2018

Männer	M35 M18/19	M40 M16/17	Frauen	W35	W40	25 km	30 km	2h	35 km	50 km	W45	W50	W55	W60	W65	W70	W75	W80
				W18/19 M45 M14/15	W16/17 M50						W14/15 M55 M12/13	W12/13 M60	M65	M70	M75	M80	M85	M90
8	13	19	25	28	32	3:24:24	4:11:12	15410	5:00:22	7:37:50	37	43	50	58	67	78	91	106
7	12	18	24	27	31	3:25:37	4:12:38	15327	5:02:00	7:40:05	36	42	49	57	66	77	90	105
6	11	17	23	26	30	3:26:50	4:14:04	15244	5:03:38	7:42:20	35	41	48	56	65	76	89	104
5	10	16	22	25	29	3:28:03	4:15:30	15161	5:05:16	7:44:35	34	40	47	55	64	75	88	103
4	9	15	21	24	28	3:29:16	4:16:56	15078	5:06:54	7:46:50	33	39	46	54	63	74	87	102
3	8	14	20	23	27	3:30:29	4:18:22	14995	5:08:32	7:49:05	32	38	45	53	62	73	86	101
2	7	13	19	22	26	3:31:42	4:19:48	14912	5:10:10	7:51:20	31	37	44	52	61	72	85	100
1	6	12	18	21	25	3:32:55	4:21:14	14829	5:11:48	7:53:35	30	36	43	51	60	71	84	99
...	5	11	17	20	24	3:34:08	4:22:40	14746	5:13:26	7:55:50	29	35	42	50	59	70	83	98
...	4	10	16	19	23	3:35:21	4:24:06	14663	5:15:04	7:58:05	28	34	41	49	58	69	82	97
...	3	9	15	18	22	3:36:34	4:25:32	14580	5:16:42	8:00:20	27	33	40	48	57	68	81	96
...	2	8	14	17	21	3:37:47	4:26:58	14497	5:18:20	8:02:35	26	32	39	47	56	67	80	95
...	1	7	13	16	20	3:39:00	4:28:24	14414	5:20:00	8:04:50	25	31	38	46	55	66	79	94
...	...	6	12	15	19	3:40:13	4:29:50	14331	5:21:40	8:07:05	24	30	37	45	54	65	78	93
...	...	5	11	14	18	3:41:26	4:31:16	14248	5:23:20	8:09:20	23	29	36	44	53	64	77	92
...	...	4	10	13	17	3:42:39	4:32:42	14165	5:25:02	8:11:35	22	28	35	43	52	63	76	91
...	...	3	9	12	16	3:43:52	4:34:08	14082	5:26:44	8:13:50	21	27	34	42	51	62	75	90
...	...	2	8	11	15	3:45:05	4:35:34	13999	5:28:26	8:16:10	20	26	33	41	50	61	74	89
...	...	1	7	10	14	3:46:18	4:37:00	13916	5:30:10	8:18:30	19	25	32	40	49	60	73	88
...	...	...	6	9	13	3:47:31	4:38:26	13833	5:31:54	8:20:50	18	24	31	39	48	59	72	87
...	...	...	5	8	12	3:48:44	4:39:52	13750	5:33:38	8:23:10	17	23	30	38	47	58	71	86
...	...	...	4	7	11	3:49:57	4:41:18	13667	5:35:22	8:25:30	16	22	29	37	46	57	70	85
...	...	...	3	6	10	3:51:10	4:42:44	13584	5:37:06	8:27:50	15	21	28	36	45	56	69	84
...	...	...	2	5	9	3:52:23	4:44:10	13501	5:38:50	8:30:10	14	20	27	35	44	55	68	83
...	...	...	1	4	8	3:53:36	4:45:40	13418	5:40:34	8:32:30	13	19	26	34	43	54	67	82
...	...	...	...	3	7	3:54:49	4:47:10	13335	5:42:18	8:34:50	12	18	25	33	42	53	66	81
...	...	...	...	2	6	3:56:02	4:48:40	13252	5:44:02	8:37:10	11	17	24	32	41	52	65	80
...	...	...	...	1	5	3:57:15	4:50:10	13169	5:45:46	8:39:30	10	16	23	31	40	51	64	79
...	...	...	...	...	4	3:58:28	4:51:40	13086	5:47:30	8:41:50	9	15	22	30	39	50	63	78
...	...	...	...	...	3	3:59:41	4:53:10	13006	5:49:14	8:44:10	8	14	21	29	38	49	62	77
...	...	...	...	...	2	4:00:54	4:54:40	12926	5:51:00	8:46:30	7	13	20	28	37	48	61	76

Seite 6: Punkttabelle LANGSTRECKE

Puli 2018

Männer	M35 M18/19	M40 M16/17	Frauen	W35	W40	25 km	30 km	2h	35 km	50 km	W45	W50	W55	W60	W65	W70	W75	W80
				W18/19 M45 M14/15	W16/17 M50						W14/15 M55 M12/13	W12/13 M60	M65	M70	M75	M80	M85	M90
...	...	...	...	...	1	4:02:07	4:56:10	12846	5:52:46	8:48:55	6	12	19	27	36	47	60	75
...	...	...	...	...	...	4:03:20	4:57:40	12766	5:54:31	8:51:20	5	11	18	26	35	46	59	74
...	...	...	...	...	...	4:04:33	4:59:10	12686	5:56:17	8:53:45	4	10	17	25	34	45	58	73
...	...	...	...	...	...	4:05:46	5:00:40	12606	5:58:03	8:56:10	3	9	16	24	33	44	57	72
...	...	...	...	...	...	4:06:59	5:02:10	12526	5:59:48	8:58:35	2	8	15	23	32	43	56	71
...	...	...	...	...	...	4:08:12	5:03:43	12446	6:01:34	9:01:00	1	7	14	22	31	42	55	70
...	...	...	...	...	...	4:09:25	5:05:16	12366	6:03:20	9:03:25	...	6	13	21	30	41	54	69
...	...	...	...	...	...	4:10:38	5:06:49	12286	6:05:06	9:05:50	...	5	12	20	29	40	53	68
...	...	...	...	...	...	4:11:51	5:08:22	12206	6:06:51	9:08:15	...	4	11	19	28	39	52	67
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Die Punkttabelle 2018 wurde neu für das GEHSPORTNETZWERK (GSN) gestaltet.  
 In Zusammenarbeit mit Han Holtzlag, Niederlande, viel Freude, Euer Udo Schaeffer